



North Rock Creek ES Breakfast January 2024



Mon, 1 /1	Tue, 1 /2	Wed, 1 /3	Thu, 1 /4	Fri, 1 /5
No School	No School	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 1 /8	Tue, 1 /9	Wed, 1 /10	Thu, 1 /11	Fri, 1 /12
Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Muffin or Cereal & Toast Fruit Juice Milk	Toaster Sandwich or Cereal & Toast Fruit Juice Milk
Mon, 1 /15	Tue, 1 /16	Wed, 1 /17	Thu, 1 /18	Fri, 1 /19
No School	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Oatmeal Sausage Patty or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 1 /22	Tue, 1 /23	Wed, 1 /24	Thu, 1 /25	Fri, 1 /26
Yogurt Toast or Cereal & Toast Fruit Juice Milk	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 1 /29	Tue, 1 /30	Wed, 1 /31		
Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Yogurt Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk		

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek ES Lunch January 2024



Mon, 1 /1 No School	Tue, 1 /2 No School	Wed, 1 /3 Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Thu, 1 /4 Nacho Bar (Beef, Queso and Tortilla Chips) Garden Salad Salsa Chili Beans Fruit Milk	Fri, 1 /5 Corn Dog Tater Tots Broccoli & Cheese Fruit Milk
Mon, 1 /8 Meatball Sub Coleslaw Cucumber Slices Fruit Milk	Tue, 1 /9 Pizza Pasta Italian Salad Baby Carrots Breadstick Fruit Milk	Wed, 1 /10 Breaded Chicken Sandwich Garlic Parm Fries Cucumber Slices Fruit Milk	Thu, 1 /11 Taco Soup Chili Beans Tortilla Chips Fruit Milk	Fri, 1 /12 Chicken Nuggets Mashed Potatoes & Gravy Roasted Carrots Dinner Roll Fruit Milk
Mon, 1 /15 No School	Tue, 1 /16 Flatbread Pizza Baked Beans Baby Carrots Fruit Milk	Wed, 1 /17 Bacon Ranch Mac & Cheese Glazed Baby Carrots Green Beans Fruit Milk	Thu, 1 /18 Sloppy Joe Sandwich Tater Tots Cucumber Salad Fruit Milk	Fri, 1 /19 Cheeseburger Garlic Parm Fries Baby Carrots Fruit Milk
Mon, 1 /22 Chicken Nuggets Mashed Potatoes & Gravy Side Salad Dinner Roll Fruit Milk	Tue, 1 /23 Spaghetti & Meat Sauce Green Beans Baby Carrots Breadstick Fruit Milk	Wed, 1 /24 Sweet n Sour Chicken Lo Mein Noodles Roasted Carrots Fruit Milk	Thu, 1 /25 Frito Chili Pie Baby Carrots Side Salad Fruit Milk	Fri, 1 /26 Bacon Ranch Mac & Cheese Glazed Baby Carrots Green Beans Fruit Milk
Mon, 1 /29 Chicken Nuggets Mashed Potatoes & Gravy Side Salad Fruit Milk	Tue, 1 /30 Spaghetti & Meat Sauce Green Beans Baby Carrots Fruit Milk	Wed, 1 /31 BBQ Pork Loin Broccoli & Cheese Glazed Baby Carrots Dinner Roll Fruit Milk		

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